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Find out how to get iFit on the best low-impact ellipticals.

Page 19 HOW TO TURN ON THE POWER HOW TO USE THE MANUAL MODE IMPORTANT: If the elliptical has been exposed to 1. Begin pedaling or press any button on the cold temperatures, allow it to warm to room tem- console to turn on the console. perature before turning on the power. Page 20 4. Follow your progress with the display.

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