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following is a feature of vitamins? a.

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Many serve in the role of enzyme inhibitors. b. Structurally, many are found linked together. c. Several may be oxidized to yield 4 kcalories per gram. d. The quantities present in foods are measured in micrograms or milligrams.

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1. What are the functions of vitamins? maintenance of regulatory and metabolic processes in the body.
2. What affects the bioavailability of a nutrient in a food? Bioavailability influenced by many factors The presence of disease, chronic alcohol abuse, and age

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related physiological changes. 3.

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